

MAKE YOUR HOME Green

You can make simple changes and choices in your home to help protect and conserve water, save energy, and reduce your impact on the environment. Use the checklists below throughout your home and make it *green* today!

BEDROOMS/LIVING ROOM

- Use compact fluorescent light bulbs (CFLs) instead of incandescent.
- Unplug electronics when not in use, and shut off lights when you leave the room.
- Use window coverings to keep cool/warm air in/out.



KITCHEN

- Install a water efficient dishwasher, and only run full loads.
- If you wash dishes by hand, don't let the water run continuously.
- Fix leaky faucets.
- Keep a pitcher of drinking water in the refrigerator.
- Choose eco-friendly cleaners.
- Recycle plastic, glass, paper, tin, aluminum, etc.
- Use food scraps to start a compost pile.
- Use sturdy, reusable shopping bags for groceries.



BATHROOM

- Limit showers to 5 minutes or less.
- Fix leaky faucets.
- Install a low-flow showerhead and toilet.
- Shut off the water while brushing your teeth.
- Limit your use of antibacterial products.
- Don't flush unused or expired medications down the toilet.

LAUNDRY ROOM

- Use water efficient appliances, and consider washing in cold water.
- Use detergents free of harsh cleaners.
- Run full loads of laundry to conserve water.
- Air dry clothes to save energy.



GENERAL

- Install a programmable thermostat. Set it to 68 degrees in the winter and 78 degrees in the summer.
- Caulk and seal air leaks in any ductwork, and install weatherstripping in leaky doors and windows.
- Reduce, reuse and recycle!

Learn more at
www.groundwater.org.
Funding provided by the
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Tell us what green practices you're doing in your home - use the QR code or go to
www.groundwater.org/whatiamdoing.html.

