How much water do YOU use each day?

Did you know the average American uses **100 gallons** of water every day?

Can you reduce your water usage? Can you reduce it for *30 days* by *30 gallons*?

30 by 30

cy Washing Machine

urning the water off

Washing Clothes

Washing Clothes

Washing Dishes

Washing Dishes

Washing Dishes

Washing Dishes

Vegetables

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Washing Fruits and

Washing your car

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Learn how with **30 by 30** water tracking app.



CONSERVE: With the free **30 by 30** app you can track your direct water usage, learn how to use less water, and see your daily and monthly water usage.

The **30 by 30** app (available for Apple and Android devices) makes tracking your daily water use simple and easy. You don't need to know how much water it takes for each activity (doing laundry, watering your lawn, brushing your teeth) the app calculates for you.

My Water

KEEP TRACK: You can check and see how you are doing overall by using the *My Water* feature. Clicking here will give you a daily total, and also a chart showing your usage over the past 30 days.

30 by 30

Showering

- Five minute challenge: Set a timer and try to take a 5

- Thirsty plants? Gather water as your shower is warming up and use it to water houseplants.

Take a "Navy Shower," turn the water off while you

- Reusing to reduce. Reuse your bath towel to cut back

SAVE

shampoo and wash your body (homewaterworks)

5 Minutes

minute shower!

on laundry

Tips for saving water

12.50



BRAG: See and share your water conservation accomplishments! *Achievements* lets you see what badges you have eared, like the Hydro Hero or Groundwater Defender, which you can share on Facebook or Twitter.



LEARN: The *Take Action* section is packed with helpful tips and information about what you can do and ways you can get more involved in groundwater protection and conservation.



WIN: Each day you use **30 by 30** during the month of September, you will be entered into a prize drawing. The more you record your actions the more chances you will have to win a great prize, like an iPad2, Beats headphones, a Camelbak Hydration Pack, and more.

Find out more: http://www.groundwater.org/action/home/30by30.html

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